

ANTIPSYCHOTICS

NAMES		Dosage Range ¹	Sedation	Ortho ²	EPS ³	ACH Effects ⁴	Equivalence ⁵
Generic	Brand						
LOW POTENCY							
chlorpromazine	Thorazine	50-800 mg	high	high	++	++++	100 mg
thioridazine	Mellaril	150-800 mg	high	high	+	+++++	100 mg
clozapine	Clozaril	300-900 mg	high	high	0	+++++	50 mg
mesoridazine	Serentil	50-500 mg	high	mid	+	+++++	50 mg
quetiapine	Seroquel	150-600 mg	mid	mid	+ / 0	+	50 mg
HIGH POTENCY							
molindone	Moban	20-225 mg	low	mid	+++	+++	10 mg
perphenazine	Trilafon	8-60 mg	mid	mid	++++	++	10 mg
loxapine	Loxitane	50-250 mg	low	mid	+++	++	10 mg
trifluoperazine	Stelazine	2-40 mg	low	mid	++++	++	5 mg
fluphenazine	Prolixin ⁵	3-45 mg	low	mid	+++++	++	2 mg
thiothixene	Navane	10-60 mg	low	mid	++++	++	5 mg
haloperidol	Haldol ⁵	2-40 mg	low	low	+++++	+	2 mg
pimozide	Orap	1-10 mg	low	low	+++++	+	1-2 mg
risperidone	Risperdal	4-16 mg	low	mid	+	+	1-2 mg
paliperidone	Invega	3-12 mg	low	mid	+	+	1-2mg
olanzapine	Zyprexa	5-20 mg	mid	low	+ / 0	+	1-2 mg
ziprasidone	Geodon	60-160 mg	low	mid	+ / 0	++	10 mg
iloperidone	Fanapt	12-24 mg	mid	mid	+	++	1-2mg
asenapine	Saphris	10-20 mg	low	low	+	+	1-2mg
aripiprazole	Abilify	15-30mg	low	low	+ / 0	+	2 mg

¹Usual daily oral dosage

²Orthostatic Hypotension: Dizziness and falls

³Acute: Parkinson's, dystonias, akathisia. Does not reflect risk for tardive dyskinesia. All neuroleptics may cause tardive dyskinesia, except clozapine.

⁴Anticholinergic Side Effects

⁵Dose required to achieve efficacy of 100 mg chlorpromazine.

⁶Available in time-release IM format

ANTI-ANXIETY

NAMES		Single Dose	
Generic	Brand	Dosage Range	Equivalence ¹
BENZODIAZEPINES			
diazepam	Valium	2-10 mg	5 mg
chlordiazepoxide	Librium	10-50 mg	25 mg
prazepam	Centrax	5-30 mg	10 mg
clorazepate	Tranxene	3.75-15 mg	10 mg
clonazepam	Klonopin	0.5-2.0 mg	0.25 mg
lorazepam	Ativan	0.5-2.0 mg	1 mg
alprazolam	Xanax, XR	0.25-2.0 mg	0.5 mg
oxazepam	Serax	10-30 mg	15 mg
OTHER ANTIANXIETY AGENTS			
buspirone	BuSpar	5-20 mg	
gabapentin	Neurontin	200-600 mg	
hydroxyzine	Atarax, Vistaril	10-50 mg	
propranolol	Inderal	10-80 mg	
atenolol	Tenormin	25-100 mg	
guanfacine	Tenex	0.5-3 mg	
clonidine	Catapres	0.1-0.3 mg	
prazosin	Minipress	5-20 mg	

¹Doses required to achieve efficacy of 5 mg of diazepam

HYPNOTICS

NAMES		Single Dose Dosage Range
Generic	Brand	
flurazepam	Dalmane	15-30 mg
temazepam	Restoril	15-30 mg
triazolam	Halcion	0.25-0.5 mg
estazolam	ProSom	1.0-2.0 mg
quazepam	Doral	7.5-15 mg
zolpidem	Ambien	5-10 mg
zaleplon	Sonata	5-10 mg
eszopiclone	Lunesta	1-3 mg
ramelteon	Rozerem	4-16 mg
diphenhydramine	Benadryl	25-100 mg

OVER THE COUNTER

Name	Daily Dose
St. John's Wort ^{1,2}	600-1800 mg
SAM-e ³	400-1600 mg
Omega-3 ⁴	1.9 g

¹Treats depression and anxiety

²May cause significant drug-drug interactions

³Treats depression

⁴Treats depression and bipolar disorder