

FRENCH TOAST

INGREDIENTS:

3 eggs, beaten
1/4 cup milk
1/2 teaspoon vanilla, optional
1/2 teaspoon cinnamon
10 slices bread
Powdered Sugar

DIRECTIONS:

In a large bowl, mix beaten eggs with the milk, vanilla and cinnamon. Dip a slice of bread into mixture then place on a heated griddle that has been sprayed with nonstick cooking spray. Cook for 1-2 minutes on each side on medium / medium-high heat or until desired doneness. Sugar to desired taste...

Serves 4