

SWEET POTATO MASH

INGREDIENTS:

3 Medium Sized Sweet Potatoes
Butter & Pepper (Optional)

DIRECTIONS:

Fill large pot halfway with water and then boil sweet potatoes until soft. Let cool cut open skins and spoon out the mash. Pour out the water and place sweet potato back in pot mash thoroughly with a masher or large spoon. Reheat then serve adding butter and/or pepper to taste (The later two are optional)...