

## TRIO SALAD

### INGREDIENTS:

4 Lettuce Leaves, Pulled  
1 Tomato, Sliced  
Egg Salad  
Tuna Salad  
Cottage Cheese

### DIRECTIONS:

1. Follow the the other recipes on this site for making the Egg Salad and Tuna Salad...
2. Place one rounded scoop of Egg Salad, Tuna Salad and Cottage Cheese on top of lettuce and tomatoes.  
Serve chilled with sliced pickles...